YOUR NAME

Please deposit this slip in the box in the library, nurse's hallway.

(optional)

TODAY'S DATE

or give it to one of the SAP team members

Thank you for expressing your concerns

# CONSULTING AGENCY

True North
Wellness Services

625 W. Elm Avenue Hanover, PA 17331 (717) 632-4900

For additional information,
Please contact:



Bermudian Springs High School (717) 528-5127



## **PURPOSE**

High school is a period of time during which students are presented with greater responsibility. Because of expanding independence at home, developing social relationships, obligations at work, commitment to extracurricular activities, and academic challenges, students must confront many trials. Although most students can successfully deal with the pressures of high school, many resort to drugs and alcohol as an escape; others may become discouraged and can develop depression.

Students who have difficulty handling the responsibilities presented to them during high school need support, encouragement, and understanding. This assistance is provided through Eagle Aid, the Bermudian Springs High School Student Assistance Program.

### REFERRALS & SUPPORT

Eagle Aid utilizes a systematic process of referrals and general assessments which makes it possible for the team to determine which students are having problems and to direct them to community organizations for help. The team of school personnel has been specially trained at an extensive program conducted by the Lincoln Intermediate Unit #12, and they are qualified to assist high-risk students who are referred to their team.

Referrals may be made by teachers, parents, or other students. Students may also refer themselves to the team. Any student who violates the Drug and Alcohol Policy of Bermudian Springs School District is immediately referred to Eagle Aid.

## THE EAGLE AID TEAM

Eagle Aid is a team of teachers, administrators, and representatives from area Mental Health/Drug and Alcohol agencies who identify high-risk students who are having school-related problems because of alcohol and drug use. The program is also a method for the identification, intervention, and referral of teenage students who are believed to be at risk of suicide and for students with signs of depression.

Mr. Jon DeFoe, High School Principal
Mr. Mark Fleming, High School Asst. Principa
Mrs. Jane Troxell, SAP Counselor
Mr. Mitch Nace, Guidance Counselor
Mrs. Jacqui Null, Guidance Counselor
Ms. Stephanie DeRiggs, High School Nurse
Mrs. Heather Dengler, English Teacher
Ms. Trisha Rapp, Health/P.E. Teacher
Mr. John Livelsberger, Social Studies Teacher
Mr. Brian Oswald, Heath/P.E. Teacher
Mrs. Kim Robinson, Art Teacher
Mrs. Nancy Rhoades, School Psychologist

Student Assistance Program Bermudian Springs High School (SAP) Referral Form

I am very concerned about

Please explain your concerns below.

Behavioral concerns
Self-reported problem
Health concerns

Attendance concerns (check all that apply)

Suicide ideation, gesture, Unexplained drop in grades
Performing below academic ability

or attempt (please explain)

The more information we have, the better we are able to help this student

Grade